

POLICE NON-EMERGENCY NUMBER:

Make sure the helmet fits snugly, is worn FLAT on the head and does not obstruct field of view. Make sure the chin strap fits securely and the buckle stays fastened.



SAFETY FIRST!!

- Always wear a helmet.
- Follow traffic signals & road signs.
- Let other bicyclists or walkers know how you are passing.
- Ride at least 3 feet away from parked cars.
- Always signal before you turn.
- Dress for the weather & wear bright colored clothing.
- Be like a car & never ride against traffic.

Bike Safety Tips

Whether you're cycling to work or just for fun, the communities of Grand Forks and East Grand Forks have plenty of bikeways to choose from. With over 70 miles of on road bike facilities and paths woven throughout the two cities, bicyclists can enjoy many hours of bicycling in a variety of settings.

Just the Facts

- Over 70 miles of paved paths 8' wide or wider.
- Over 5 miles of designated Bike Routes/Sharrows/Bike Lanes.
- 1.5 miles of on-road bike lanes.



- Greater Grand Forks Cities Area Transit buses feature bike racks on every bus.
- Loading a bike on a bus rack takes less than 20 seconds.
- Racks are convenient for traveling to work, school or local bike trails.
- Certification is required to use the bus feature. Call (701)746-2600

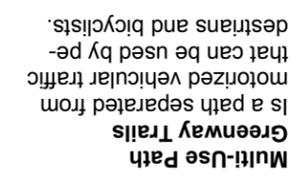
Bike and Bus Program

- Bicycling instead of driving is a great way to reduce pollution, improve your health & help the environment.
- Upkeep and maintenance is relatively inexpensive and the only fuel needed is you.
- Everyone living in the metro area is within 5 miles of work, school or shopping.

Reasons to Bike



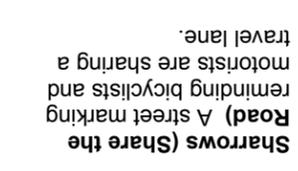
Bike Lane
A marked lane for cyclists only.



Greenway Trails
is a path separated from motorized vehicular traffic that can be used by pedestrians and bicyclists.



Bike Route
is a signed bike route



Sharrows (Share the Road) A street marking reminding bicyclists and motorists are sharing a travel lane.

- Riding a bicycle is not permitted on the Downtown sidewalks.
- Bicyclists must follow traffic laws when riding roadways.
- Bicyclists must yield to the right-of-way to any pedestrians and give audible warning before overtaking & passing pedestrians on multi-use paths.
- No bicycle may carry more people than the number for which it is designed or equipped.
- Headlamps & reflectors are required if riding at night.

Follow the Law

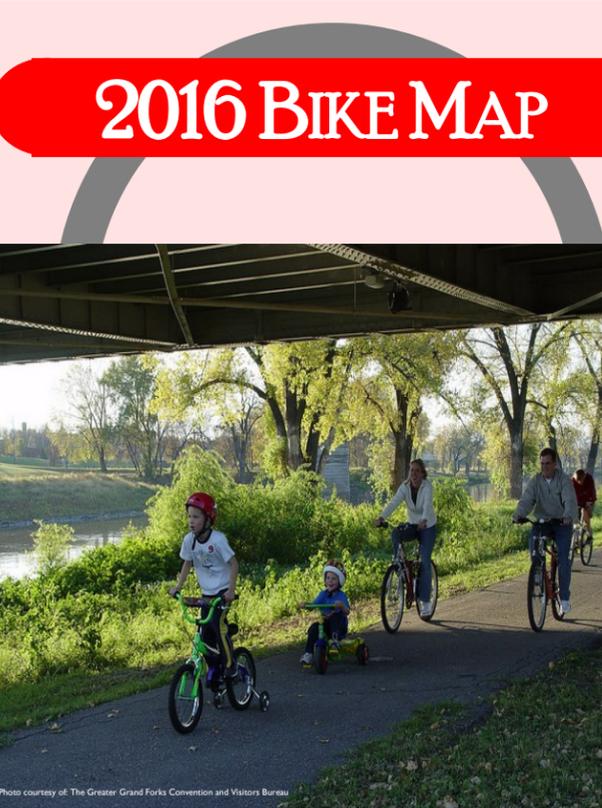


Photo courtesy of: The Greater Grand Forks Convention and Visitors Bureau

2016 BIKE MAP

For additional maps call (701) 746-INFO (4636)

To report Bikeway issues call 311 or download the GF311 App



Grand Forks—East Grand Forks Metropolitan Planning Organization

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www.theforksmo.org

GRAND FORKS NORTH DAKOTA & EAST GRAND FORKS MINNESOTA



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